Worshiper in Training Tips for Parents

- Start with a solid breakfast Offer a protein-filled meal without added sugar to help them focus and feel their best.
- Set clear expectations Take a moment to talk with your child about what worship time looks like and what you hope for them during the service.
- Review the children's bulletin together Before the service begins, walk through the bulletin so they know what to expect and how they can participate.
- Pack a quiet, mess-free snack If you think they'll need one, bring something simple and quiet they can enjoy without disruption.
- Don't forget their water bottle Staying hydrated helps with focus and comfort.
- Bring their Bible Encourage them to follow along with the passage Pastor Josh will be preaching from.
- Practice patience and grace If they struggle to sit still or stay quiet, remember they're still learning. You're training them in worship, not expecting perfection.
- Take breaks when needed If they become too disruptive, it's okay to quietly step out for a reset and return when ready.

